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CULTURAL eMAGAZINE

INK OCHi

FIRST OF ITS KIND FROM KERALA

VOL-1 ISSUE - 40
JAN 14-20, 2022

40

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- 2300 years old Buddhist Temple in Pakistan
- St. Paul's Cathedral, Diu

GHATS OF GANGES

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- Amazing to Know
- Tarot Reading

CULTURAL eMAGAZINE
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Editor's Note

GANGA RIVER

Ganga River is the most sacred river in Hindu religion. Ganga has been a symbol of divinity, spirituality, purity and moksha. Swami Vivekananda said, “Paris is the fountain-head of European civilization, as Gomukh is of the Ganga. Ganga finds mention in numerous ancient texts; she is a mother, a goddess, a life-giving river and a repository of people’s beliefs.

In Northern India, it is a major river on whose banks civilizations have been established since time immemorial. The mighty river embarks on its 2,525 km (approx.) journey from the Garhwal Himalayas, Uttarakhand. Merging and gushing from one area to another, the river ultimately drains into the Bay of Bengal. The life-giving river passes through Uttar Pradesh, Bihar and West Bengal before meeting the sea in Bangladesh.

There are many streams which come together to form Ganga. Bhagirathi and Alaknanda are two of the most famous tributaries of Ganga. They initiate their different courses after emergence from glaciers, are joined by other tributaries in the way, and finally unite at Devprayag to be together called the River Ganga. The primary stream of Bhagirathi River originates at the foot of Gangotri glacier at Gaumukh, some 18 km from the town of Gangotri. Alakananda originates at a point where the meltwaters of Satopanth and Bhagirath Kharak glaciers meet. Because of bigger length and larger discharge of Alaknanda, it is regarded as the source stream of Ganga. But, Hindu mythology regards Bhagirathi as the source stream of Ganga.

Happy Reading...!!
Varghese T. Thomas

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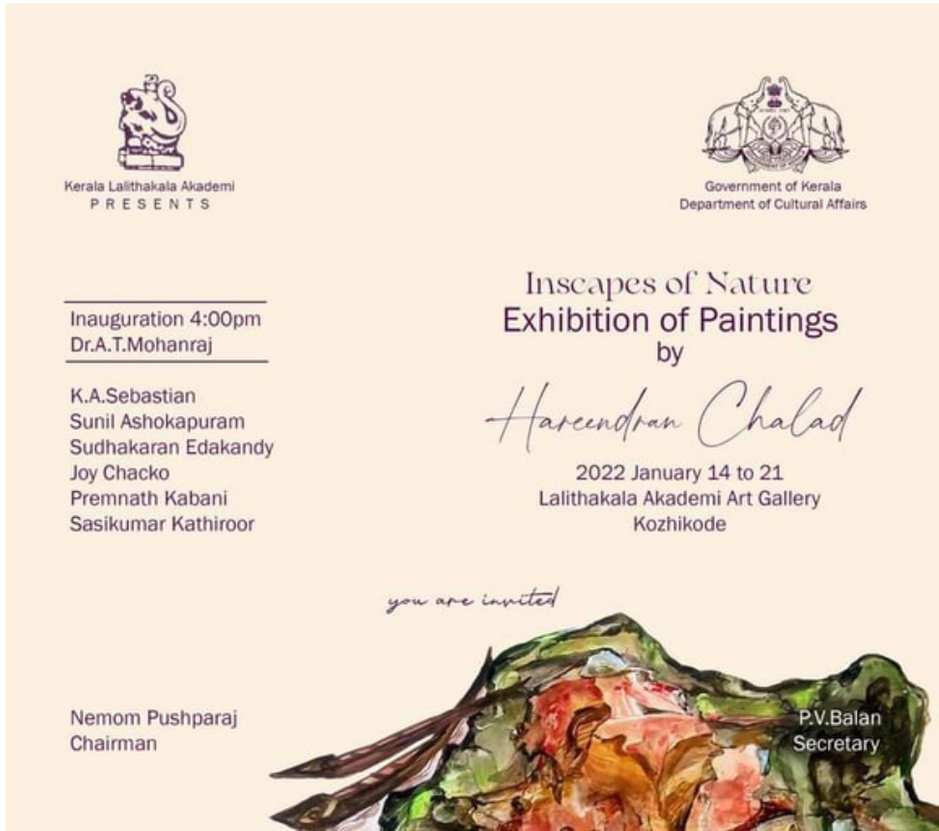
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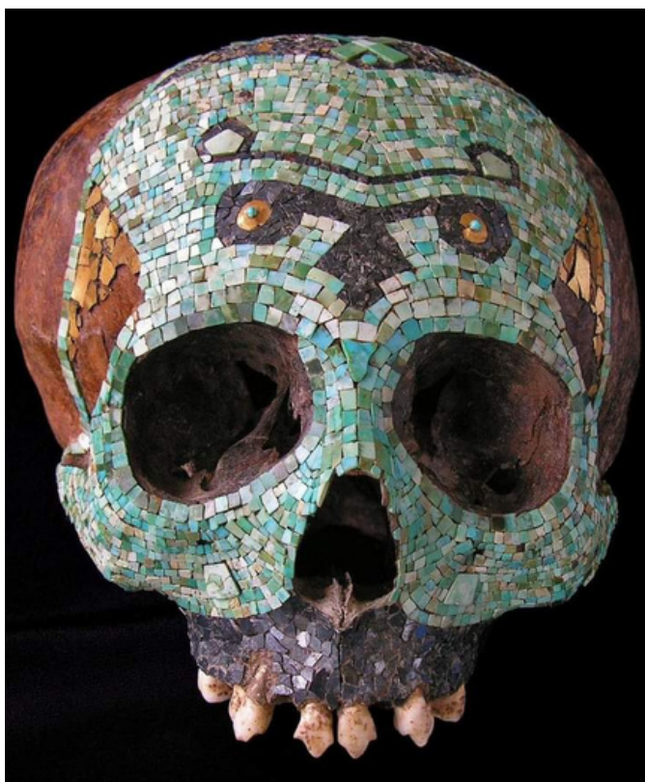
Golden Chariot found in the Tomb of Tutankhamun

Tutankhamun's treasures have been transferred to the Grand Egyptian Museum in Giza Egypt.

225-million-year-old petrified opal tree trunk located in Arizona

A human skull decorated with a polychromic mosaic, Mixtec-Aztec, Mexico, 1300-1521 A.D.



Contribution: Kris Knights / Archaeologist

2,300-Year-Old Buddhist Temple Unearthed In Pakistan

Pakistan's oldest Buddhist temple was found in the country's northwestern part by Italian archaeologists.
The remains of the temple date back to 300 B.C.

The discovery in the town of Swat comes from an archaeological site where the remains of a Hindu temple were found last year, said Abdul Samad Khan, regional chief archaeologist.

"It is a significant discovery in many ways especially in connection with religious harmony, tolerance and multiculturalism in the Gandhara period," he added.

The Gandhara kingdom emerged in what is northwestern Pakistan and eastern Afghanistan today in around 1000 B.C. and lasted for 1,000 years.

The city of Swat kept changing hands between Hindu, Buddhist and Indo-Greek rulers, who first arrived in the region from Greece with Alexander III of Macedon, commonly known as Alexander the Great.

Khan said the discovery of Hindu and Buddhist temples was a signal that either the followers of these faiths lived together in the region or built layered structures one after the other.

Some coins and stamps from the period of an Indo-Greek king were also among the latest discoveries, hinting at Swat being a multicultural city even thousands of years ago. >>

2,300-Year-Old Buddhist Temple Unearthed In Pakistan

Swat, which was called Bazira at that time, is the home town of Nobel Peace Laureate Malala Yousafzai, who was shot and wounded by Taliban militants because of her campaign for girls' education.

Italian and Pakistani archaeologists would continue their excavation at the site to discover more about the life and history of that period, Khan said. <>

Source: Deutsche Presse-Agentur - DPA [December 21, 2021]

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St. PAUL'S CATHEDRAL, DIU

Thought by ILF Expert:
Saloni Choudhury

One of the best examples of Baroque style in India is found at St Paul's church, situated by the Gulf of Khambat in the ancient port town of Diu. Bound within the boundary of Diu Fort, the church traces its artistic origins to the Portuguese colonisation in early 16th century. Named after the disciple of Jesus Christ commonly known as apostle to the gentiles, the church is seen to bear an uncanny resemblance to the Basilica of Bom Jesus in Goa, which was also built under the stronghold of the Portuguese.

The extravagance that exists today around the edifice took nearly 10 years to come into existence with the hard labour of both Portuguese and Indian craftsmen, which is the main reason the artistic expression in the ornamentation of the building exuberates a blend of both cultures.

Interestingly enough, St Paul's is the only church amongst the three, that caters to the entire population of approximately 450 Christians remaining in the town after it merged with the Indian Union after the end of colonial rule in 1961. >>

St. PAUL'S CATHEDRAL, DIU

Frescoed walls and stained-glass windows welcome you inside the sacred sanctum of this beautiful cathedral. Elaborate wooden carvings dancing in rhythm with the delicate vaults & shells very subtly whisper the past inside the visitor's ears.

The edifice proudly wears the crown of the most elaborate baroque church in Indian subcontinent, which doesn't fail to impress. The very elaborate statue of St. Mary stationed at the altar seems to be looking in each niche and corner of the great hall, keeping an eye on the faithful.

Carved beautifully from a single large piece of Burmese teak, St Mary is always standing in the centre of hundred and one brightly lit candles, which is shadowed with a barrel vaulted nave in blue and white - adorned with priceless oil paintings and sculptures. >>

Though robed just in white, the building reflects a lot of emotions. The subtlety of the peaceful white is compensated by the intricate decorations on the surface, creating a dramatic effect on the facade.

Almost a replica of the facade of the Bom Jesus Basilica, it is only differentiated by an extra third storey and missing small compartments made by the buttresses. The Indian silversmiths are the ones who are applauded for working their magic with this white stucco on the frontal facade, since the Jesuits in the country did not have access to native artists who could replicate the original Christian designs.

A compromise was made with the religious imagery made in ivory and other objects in silver, with strong local flavours. <>

St. PAUL'S CATHEDRAL, DIU

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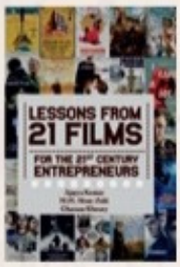

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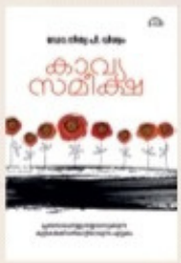

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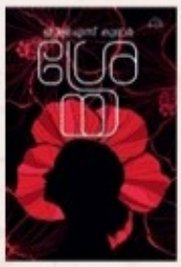

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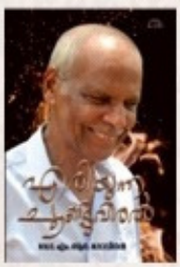
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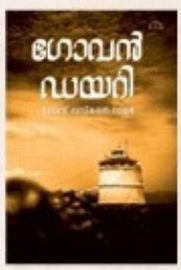

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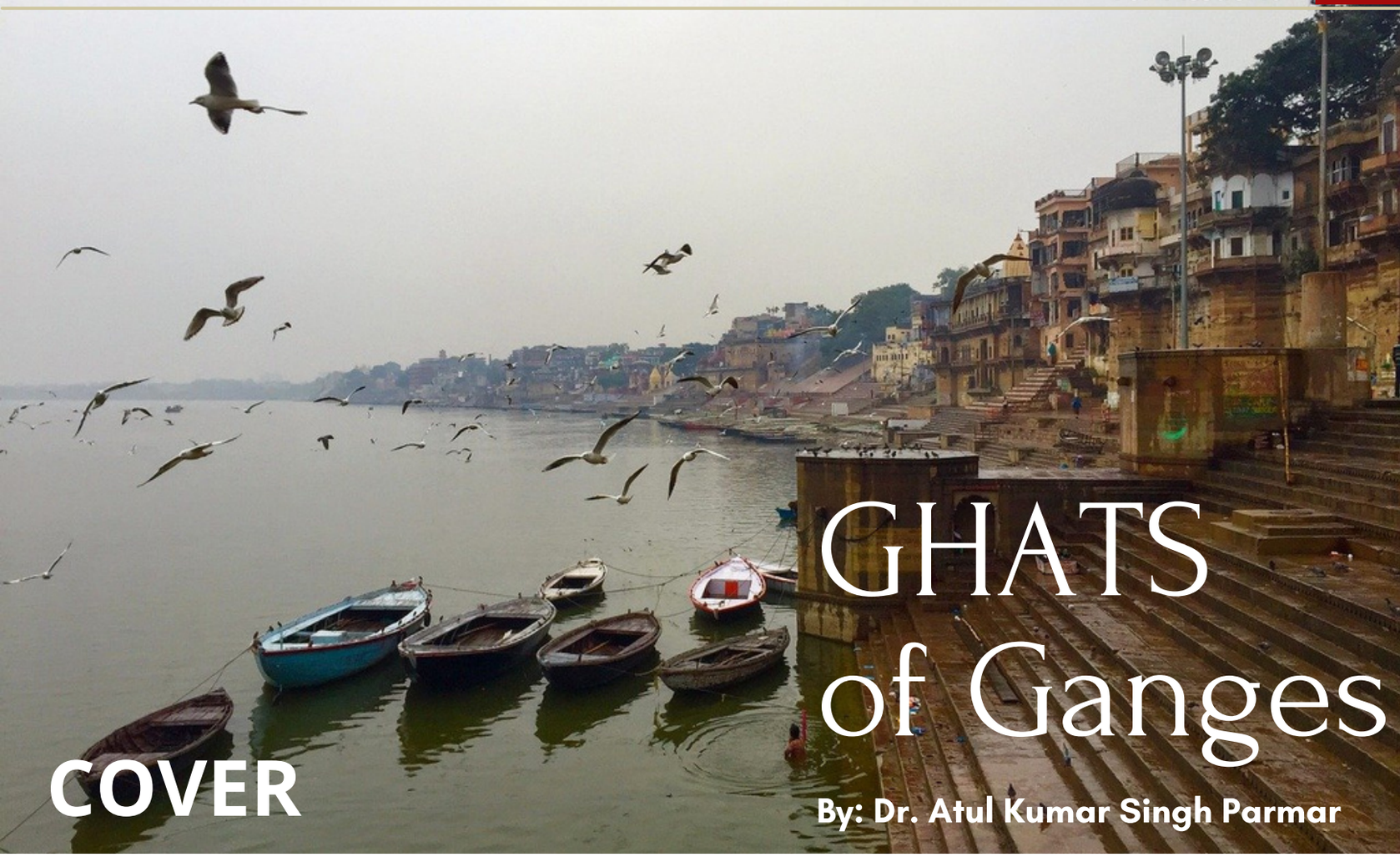

GHATS of Ganges

COVER

By: Dr. Atul Kumar Singh Parmar

The perennial river the Ganges has always been a part of Indian society. The major cities of north India located on the banks of the river were the famous places of culture and trade. Besides the famous Ghats of Varanasi, Haridwar and Rishikesh, you also find the Ghats on the Ganges in some other places.
These have been very significant in the ancient history and mythology.

The Ganges Ghats are the points which have river front steps leading to the bank of the river.

The Ghat making tradition is very old in India and can be traced back to 13th century or even before. In the ancient times the Hindu rulers or the trade haunches used to build Ghats on the famous river like Ganga and Yamuna. >>

GHATS of Ganges

The purpose of Making Ghats of the Ganges

The prime reason behind the construction of Ghats was to provide a good bathing place to the pilgrims. Sometimes the river bank was quite down and was hard to be approached, thus by making the concrete or brick steps people used to reach the bank easily. On the banks many Pandas or Joshis used to sit to bless the people or to provide them help in Ganga Aarti.

The other purpose of making the Ghats was to provide a cremation place. In the Hindu religion it is considered a boon to be cremated on the bank of the Ganges in Varanasi. Besides these purposes the Ghats was to serve as a place for boating for fun and for trade and commerce.

The word “Ghat” is supposed to be derived from Ghat word ,which means the valley of the river. As these rivers used to make valleys and it was hard to swim, bathe or worship, the custom of making of Ghats started.

Ghats on the Reservoirs

Besides the Ghats on the holy river Ganga and Yamuna almost many other rivers of North and South India has the tradition of Ghats.

In many religious sites like in Pushkar we find lots of Ghats around the Brahim Sarovar. Similarly if you go and visit Machkund you again find the large pond having hundred of staircases leading down to the water. In the city of Mathura again close to the Krishna’s Birth Place you can find such large pond with staircases.

>>

Panchal Ghat of the Ganges , Farukhabad

The city of Farukhabad has the history with the Mughal ruler Farukhsiyar, but the area has thousands of years old history of the Mahajanapod period. This area used to be prominent Panchal Kingdom. Draupadi the princess of Panchal was married to Pandvas. In the English time the Ghat near Farukhabad city was named as Ghatia Ghat, which signifies bad quality ghat. Later it was named as Panchal Ghat. In the monnth of hindu month mah which normally falls in December of January ,a big fair is arranged called Ram Nagaria which lasts for one month.

People come to this Ghat for bathing and worshipping the river. Many times you can see the Ganges shadowing ceremony which is done by saris tied to each other. This is done by boat by the pilgrims, if their wishes come true.

Soro Ghat – Soro Ghat is well known in the Indian legends as shookar khetra. This Ghat is in Kasganj district of Uttar Pradesh. People go to thus place a special Ganga bathing days like sharad Poornima. Makar Sankrauti etc. Besides the holy bath and death rituals on the Ganga Ghats, you can visit some famous temples of Soron like barah Bhawan Mandir, Raghunathji mandir. You can also look sitaramji Mandir which is considered the oldest, but now in rains as it was destroyed on the behest of Aurengzeb. >>

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GHATS of Ganges

Kachla Ghat – This is another neighboring Ghat close to Soron on the Ganges. Thus place is thronged by the people from nearby districts.

What are the Famous Ghats of the Ganges in Rishikesh?

The Ganges after passing through the hilly terrains and controlling it's speed and velocity, starts getting calm. The beauty of the Ganges can be behold from the following Ghats of Rishikesh.

Triveni Ghat – This is the biggest Ghat of Rishikesh. This remains busy with the people who come form different parts of India and overseas to have a holy dip in the river. Some people come to do the last rites of their ancestors. This Ghat has every day Aarti ceremony with the Chanting in the praise of the Lord Shiva and Goddess Ganga. The legends say that Lord Krishna also visited this place when he was hurt by the Hunter.

The early morning Aarti is done at 05:45 to 06:30 Am while the evening Aarti is conducted between 06:00 to 07:00 Pm ,when thousands of pilgrims witness this auspicious ceremony. Several performers with huge and traditional Deepak and burning flames worship the goddess on the chanting of Mantras.

Ghats close to Laxman & Ram Jhoola

Rishikesh has two famous iron suspended bridge over the Ganges namely Laxman Jhoola & Ram JJhoola close to each of them you can find shanties selling souvenirs and steps leading to the river . Some people take bath and fill the water bottles with holy water to carry their homes. >>

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Music: Noby Paul | Vocals: Noby Paul & Sruthy Sivadas | BGM, Mix & Mastering: Edwin Johnson
On Screen: Amal Nath K (Alumni of Kalakshetra) & Sreelakshmi K G | Flute: Nikhil Ram
Studios: K7 Studio Kochi & Peaks n Lows pro audios - New Jersey, Noise Lab Audio - Thrissur
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Famous Ghats of Haridwar

The culture, religion, life and economy of the twin cities of Haridwar & Rishikesh relies over the Ganges and it's Magnificent Ghats. On these Ghats people devote their full reverence to the river Ganges as Goddess. Following are some prominent Ghats of the Ganges in Haridwar —

Har Ki Pauri- This is one of the most famous Ghats of Haridwar. This is the first place where the Ganges touches the plains. This Ghat is also known as Brahma kund where you can see the work of Lord Vishnu's feet. It is considered that during the stifle which commenced after the ocean churning between the angels and demons, the nectar drop fell on earth on four places- Haridwar, Allahabad, Ujjain and Nasik. Thus in Haridwar this ghat is considered holy.

This place has the occurrence of daily evening Aarti ceremony on the Ganges which offers an enchanting experience to the spectators. Thousands of people are seen taking a holy bath and worshipping the river with burning lamps.

Ganesh Ghat – This is located close to Hanuman temple and is famous with the localities who come for picnics and morning walks you can spare some time in leisure, taking instagram pictures and having a view of the scenic view of Mansa Devi and Chandi Devi temple. >>

Famous Ghats in Kanpur
Kanpur is a city based on the river Ganges and has a famous religious place Bithur.

Patthar Ghat - This Ghat was built by Tkait Rai who was one of the prominent ministers of the Oudh state. This Ghat in Bithoor is made of red sandstone. On the Ghat itself you find a magnificent Shiva temple which has a shivlingam made of Kasauti stone.

Ghats in Allahabad
Allahabad or Pryag raj has been a holy center of the Hinduism as this is the meeting point of three rivers- Ganga, Yamuna and Saraswati. Since ages this confluence place has been the venue of Mahakumbh Melas where millions of sages, locals from far and wide come to have the dip in the holy waters of the Ganges.

Saraswati Ghat - This is one of the most magnificent Ghats of Allahabad presently known as Pryagraj. It is on the bank of river Yamuna. Close to this Ghat you see the famous temple of Lord Shiv- Mankameshwar temple. This Ghat is very close to Triveni Sangam where the strong citadel of Akabar stands erect known as Allahabad fort. Every evening this Ghat witnesses the tradition of Maha Aarti. >>

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Bargad Ghat - This is another nice Ghat where tranquility prevails over the Yamuna water. Lots of localities come in the evening to enjoy.

What is Triveni Sangam?

Prayagraj is famed for having Triveni sangam. This is the confluence point of three rivers- The Ganges, The Yamuna and one legendary Saraswati river. Ganga and Yamuna can easily be recognized by the colour of their water. This place has been the center of devotion and Chanting since ages. The mighty rulers believing in Sanatan traditions were fond of visiting Triveni Sangam at the time of Mahaumbh and open to treasures for chantry.

What are the Famous Ghats of Varanasi?

Varanasi is widely acclaimed as the city of the Ghats where since ages the famous Ghats are serving various purposes of religion and culture.

Assi Ghat - This is one of the most famous Ghats of Varanasi which is located on the meeting point of Ganges with Assi river. This Ghat can be approached from the city by using a long street. This Ghat is not so crowdy as the other Ghats like Manikarnika or Dashashwameth Ghat.

Manikarnika Ghat - This is considered very holy place for death ritual and thus thousands of bodies are cremated annually at this place as it is conceived that if one is cremated over huge, he or she is going to attain mokh (salvation from the cycle of death and rebearlth). Dead bodies are brought on the bier and cremated with all death rituals. The fire is borrowed from the Dame Raja and this fire is perennial. If you are bold enough you can go close to witness the rituals. >>

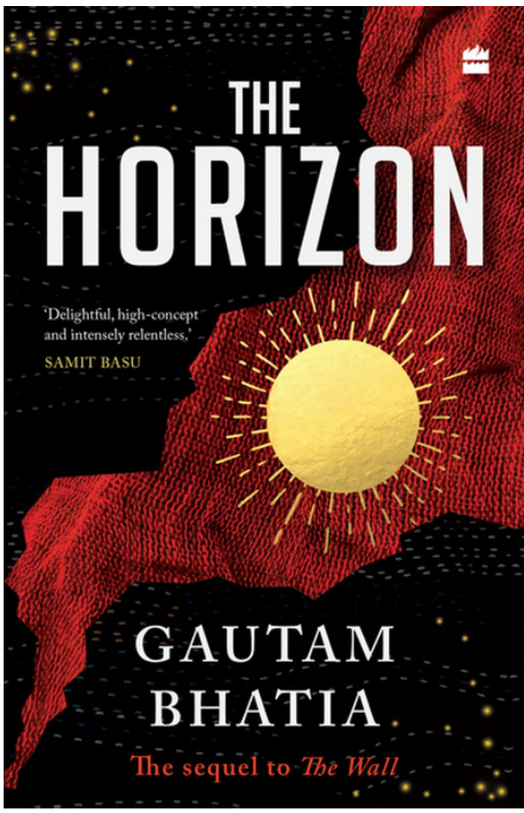
Dashashwameth Ghat - This is one of the oldest Ghats of Varanasi which according to the legends is created by Lord Brahma to Honors Lord Shiva. It is believed before the initiation of the work Lord Brahma sacrificed 10 horses before the sacred Agni. The enchanting ceremony of evening Aarti is mesmerizing. Besides the small shanties, beggars, priests clad in traditional attire present a spectacular view of Indian culture while the priests involve themselves in worship of the river with incense, flames and flowers, people release thousands of leaf lamps on the holy waters.

Man Mandir Ghat - This Ghat was erected by the king of Jaipur Raja man Singh in 1600 and is built in Rajput style. In the year 1730 Raja Sawai Jai Singh added to it the stone observatory which is still infect. <>

Writer - Dr Atul is a graduate of R.B.S College Agra after the graduation did his Masters in Arts (English) Later pursued Bachelor of Education and Doctorate in English fro Agra University Agra. He has been been engaged in the tourism trade since 1995 , Worked as Govt Of India approved tour escort till 2011, He is promoter of 10thGate Tours dba S.A.M Tours and Travels. He is an avid traveler and travel writer with expertise in tours and travels, history, literature, architecture, social and political.

Author:
GAUTAM BHATIA

Gautam Bhatia is a science-fiction writer, reviewer, and aneditor of the award-winning Strange Horizons magazine. The Wall, his firstnovel, was critically acclaimed in places such as Locus, Interzone and TheHindu, and was shortlisted for the 2020 Valley of Words Award in the Englishfiction category. The Horizon is the sequel to The Wall.



About the book:

'Did we not once promise that we would always be honest with each other?'

'I no longer ask for honesty. Just tell me a lie that I can forgive.'

After 2000 years, the Wall has been breached. As Mithila steps into a world unknown, her sister Minakshi tightens her grasp on a city bracing for chaos and violence under a red sky. The ghost of an old Revolution stalks the streets, while the shadow of a new one threatens to tear Sumer apart.

Spreading word about this historical transgression, Alvar and Mankala find themselves facing new perils in a City they can barely recognise-one torn between old fears and new desires, while caught in a deadly power struggle. But soon, they will know that the crossing of the Wall has consequences not just for the City, but for the world.

Old Fashioned

By: Vikram Pal

Bartender Vikram Pal remarks, “We like to keep it classic at PCO. And when it comes to an Old Fashioned, nothing beats Bourbon”.

Ingredients:

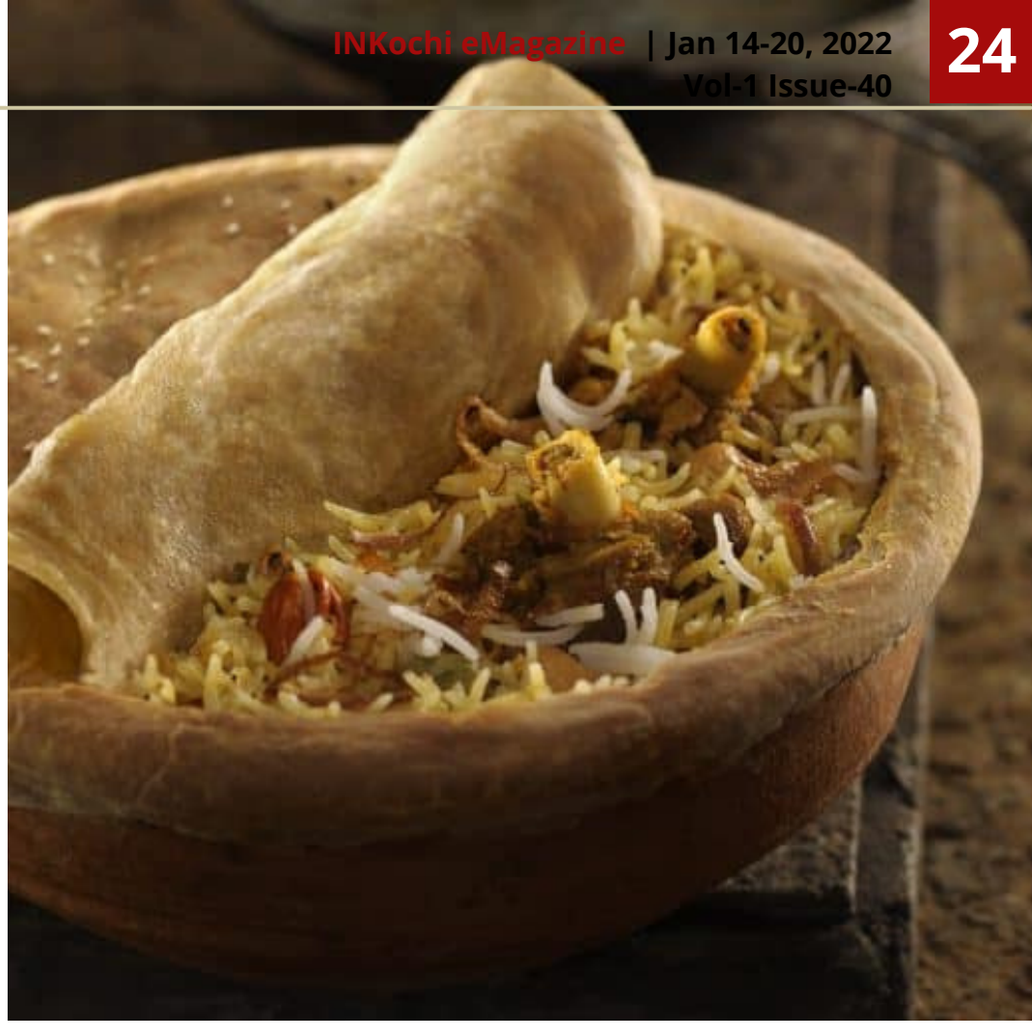
- 60 ml Bourbon Whiskey
- 1 Sugar Cube
- 3 drops of Angostura Bitters
- 3 Orange Peels
- 4-5 cubes of ice

Method:

- Muddle the orange peels and Angostura bitters with sugar. Then add 4-5 cubes of ice, Bourbon whiskey and voila! Time to drink up.

From the Kitchens of
EVOLVE BACK

Kabsah Laham Bis-arabic Biriyani



The kitchens of Evolve Back are famed for the originality and sumptuousness of their platters. Made from the freshest and finest produce, and served in some of the most spectacular settings, the Evolve Back repast offers an extensive selection of the finest in Indian and Continental cuisines. Our table also boasts a creative vernacular flavour with chefs conjuring up delicacies inspired by the local food idiom.

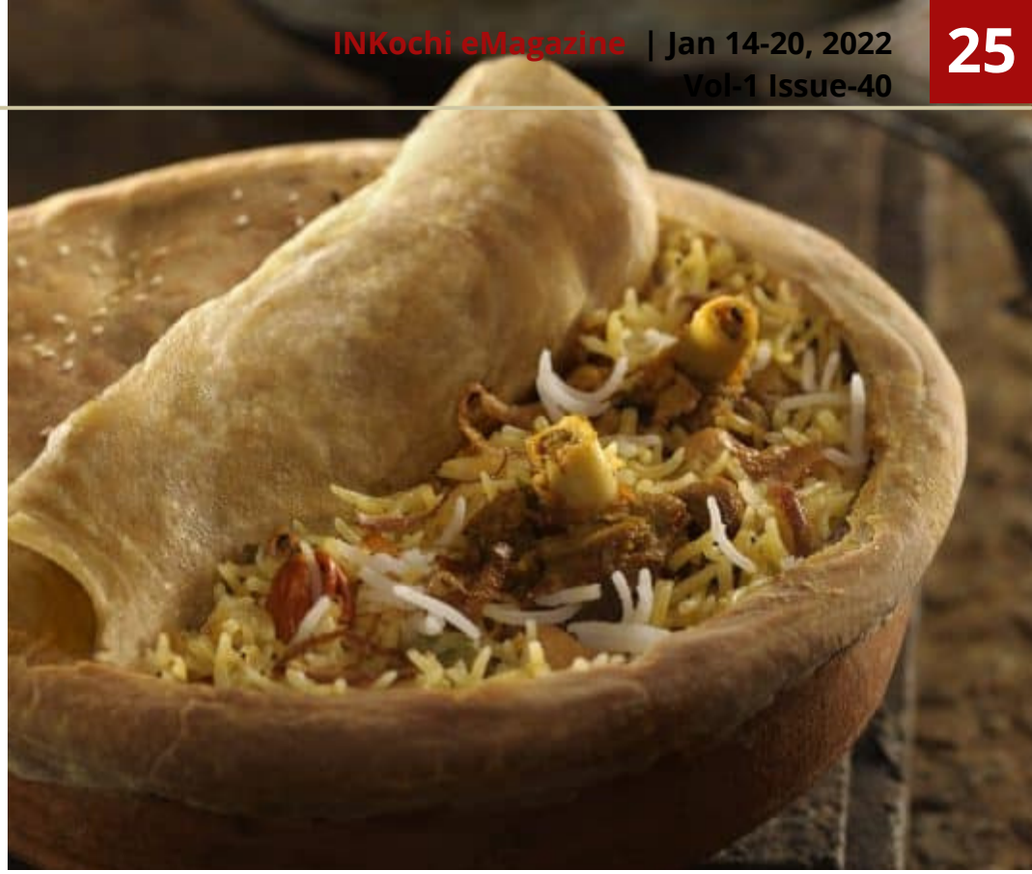
Ingredients:

1.Rice – 1 kg
2.Mutton – 1 kg
3.Cardamom – 5 Grams
4.Cumin seeds- 3 Grams
5.Cloves – 5 Grams
6.Ginger – 15 Grams
7.Garlic – 15 Grams
8.Green Chilly – 15 Grams
9.Fried Onion – 100 Grams
10.Coriander Leaves – 15 Grams
11.Mint Leaves -15 Grams
12.Lemon – 2 No
13.Curd – 240 Grams
14.Ghee – 120 Grams
15.Red Chilly Whole – 5 Grams
16.Coconut – 2 No
17.Black Pepper – 5 Grams
18 Poppy Seeds -15 Grams
19.Coriander Seeds – 5 Grams
20.Anis Seeds – 5 Grams

>>

From the Kitchens of
EVOLVE BACK

Kabsah Laham Bis-arabic biriyani



Method:

- Wash mutton and place it in a vessel.
- Grind green chillies, ginger, garlic, spices, fried onion, black pepper, red chilly whole, poppy seeds, coriander seeds and anis seed and mix them all, then add this mixture to the meat.
- Then add curd to it, mix thoroughly. Leave for half an hour.
- Take 2 litres of water in a vessel and put it on the stove.
- When water boils well put the rice in the vessel. Take out the semi-cooked rice and spread it on the meat and spices mixture as a layer. Take some more rice and spread as a second layer. Finally, spread the fully cooked rice.

Method:

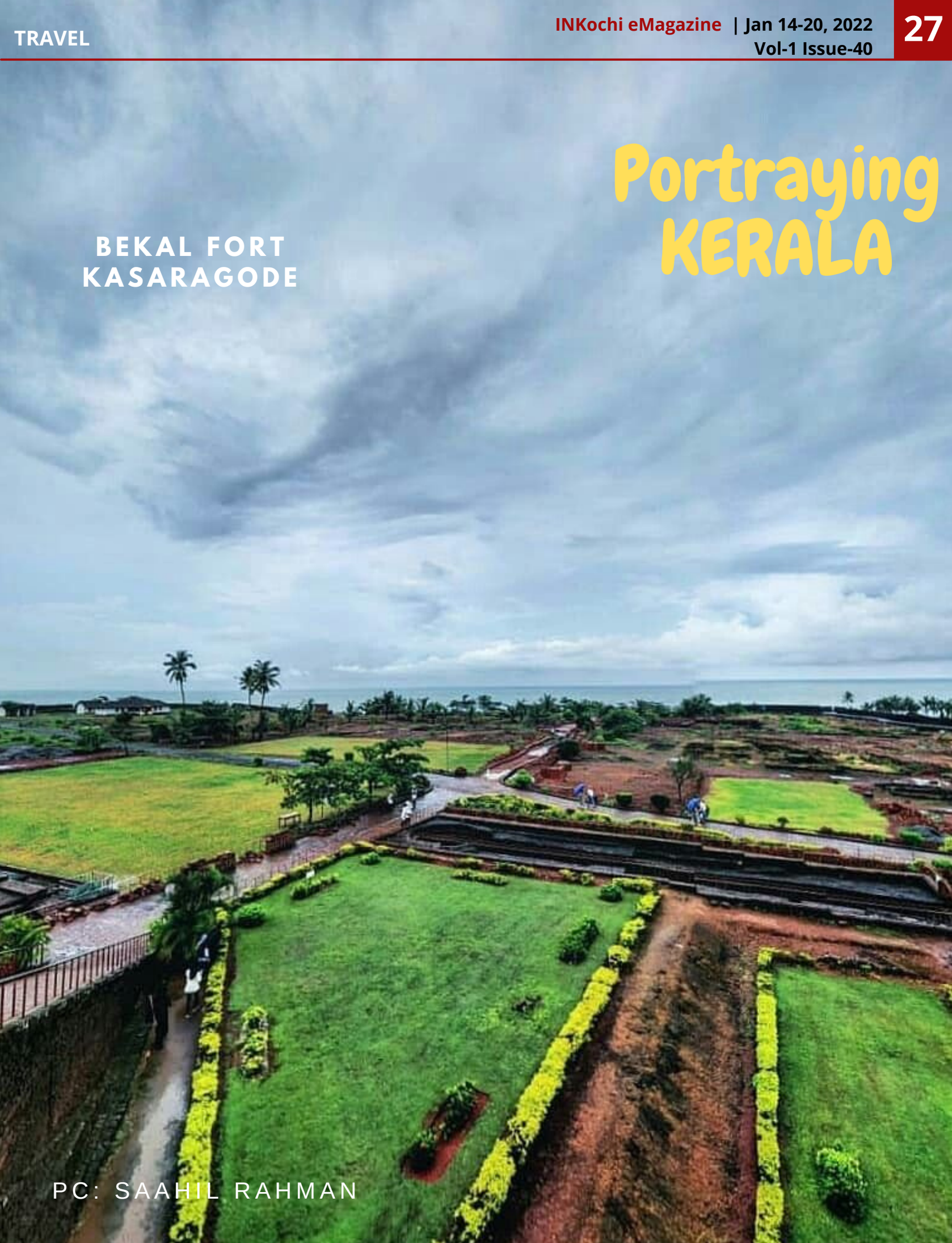
- Prepare a mixture of one cup of boiled water and 1/4 kg ghee and spill it on the rice.
- Now make a thick roti with dough and cover the mud pot and cook for 15 minutes on charcoal.
- Take out from the charcoal. Leave for 15 minutes. <>

Blackbuck National Park
Velavadar

One Week One Shot

By:
Sudhir Shivaram

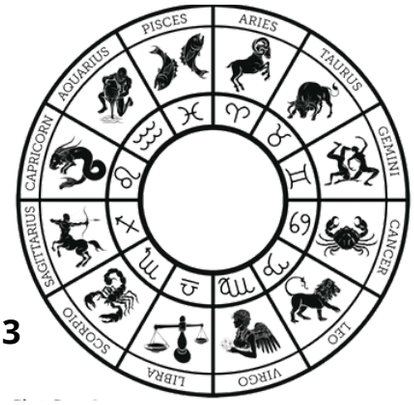
Portraying KERALA



WEEKLY Tarot Reading

By: Chaitali Mukherjee

https://youtube.com/c/TarotPriestess1313



Your Next 7 Days

Jan 14-20, 2022

A special wish you have made may be fulfilled in time. Time to leave old belief systems. What you are building will be firmly established at this time. A period of celebration, prosperity and peace. Awaken your spirit.

ARIES

LIBRA

Follow your intuition, as the facts are not out yet. You have the energy, power and influence to change the environment in your favour. A change of house or job is on the cards, better times are ahead.

Mistakes are a wake up call to rectify a situation. Lady luck is pointing at you directly, bringing favourable changes. All you have to do is to have self control & moderation when you deal with others.

TAURUS

SCORPIO

Focus on your goal ahead and nurture it through to the end, because whatever you want to achieve needs time, effort and perseverance. Time to change the scenery and widen your horizons. A deserved holiday or an official trip is on the cards.

If you operate from the basis of temptation, there could be conflict on your path. Evaluation of the past and the lessons learned must be understood. A significant change concerning something is required right now in your life.

GEMINI

SAGITTARIUS

Treasure a suggestion or pay heed to a warning given to you. A time to make brave choices and may be a sacrifice to realize a success. A news can change your work direction. A relationship can grow deeper.

Stay flexible and focused for new partnerships. You have set in motion your intentions and done the hard work. Wait patiently for the fruition of results. Vanquish negativity as you are poised to take the new step to success.

CANCER

CAPRICORN

Don't be discouraged the obstacles on your path won't last for long. Ambitions should be contained for good results. An upgrade in work or life in general. A misunderstanding can be solved by a friend or family member. A loan will be granted.

If you have suffered a sentimental set back, you will be compensated. Your family life will be harmonious and you will feel indebted to your loved ones. Take the path of healing and subtlety to solve problems.

LEO

AQUARIUS

You are going to be victorious at every hurdle. A good news puts new life in a stagnant situation. Growing professional role will be a boost to your career. A stroke of luck, a win or an extraordinary business opportunity is on the cards.

This is the time of wishes being fulfilled. Fabulous contracts, great income. The time is right to deal with the house, organize estate purchase or refurbish. A problem will be automatically resolved have patience.

VIRGO

PISCES

Judgement errors or prejudice stir up an already complicated situation. The person who you hoped would give you help is well meaning but powerless. Children can cause anxiety. Beware of clouding of the mind and false people around you.

To know more about your reading, please watch her YouTube channel - Link in the Homepage

Thank you for
READING...

CULTURAL eMAGAZINE
INKOCHI
FIRST OF ITS KIND FROM KERALA

YOUR
FEEDBACK
MATTERS

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OUR WEEKLY REACH

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5K IN KOCHI

READERS IN
41 COUNTRIES

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